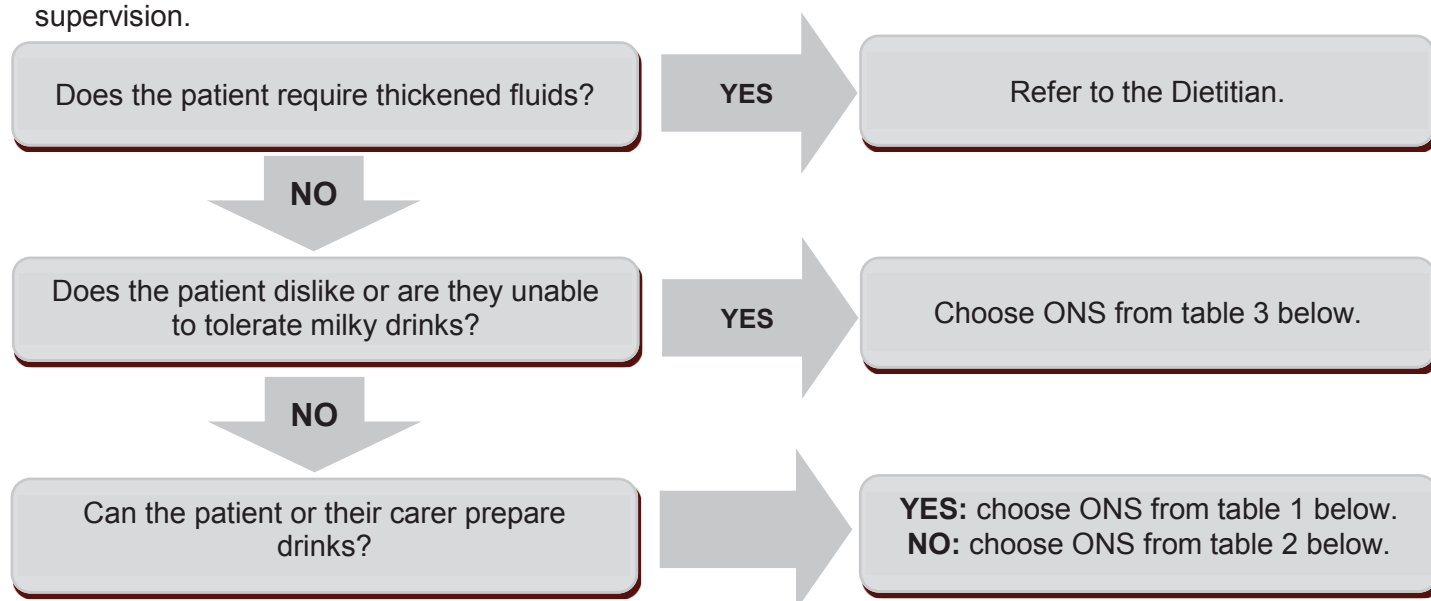


## Appendix C: ONS Formulary

### Oral Nutritional Supplement (ONS) Formulary

It is recommended that supplements not listed in this formulary are only prescribed under dietetic supervision.



**Table 1: Powdered Supplements**

Powdered supplements should be reconstituted with full fat (whole) milk.

- **The patient's or carer's ability to prepare the drinks should be considered before prescribing.**
- **These products cannot be administered via a feeding tube.**

Product	Presentation	Calories Per Unit	Price per Sachet (£)
Aymes Shake	7 x 57g sachets	388	0.60
Foodlink Complete	7 x 57g sachets	386	0.61
Foodlink Complete with fibre (vanilla flavour)	7 x 63g sachets	399	0.67
Complan Shake	4 x 57g sachets	387	0.70
Ensure Shake	7 x 57g sachets	389	0.70

Calories listed above are when reconstituted with 200mls full fat milk. Less can be used, but this will lower the calorie content.

**Table 2: Milkshake Style Ready to Drink Supplements**

Product	Presentation	Calories Per Unit	Price per Bottle (£)
Aymes Complete	4 x 200ml	300	1.11
Ensure Plus Milkshake	220ml	330	1.12
Ensure Plus Yoghurt style	200ml	300	1.12
Fortisip Bottle	200ml	300	1.12
Nutricomp Drink Plus	4 x 200ml	300	1.12

Consider 125ml products if your patient is fluid restricted or cannot manage larger volumes:

Ensure Compact	4 x 125ml	300	1.35
Altraplen compact	4 x 125ml	300	1.45
Fortisip Compact	4 x 125ml	300	1.45

**Table 3: Juice Style Ready to Drink Supplements**

Product	Presentation	Calories Per Unit	Price per Unit (£)
Ensure Plus Juice Style	220ml	330	1.97
Fresubin Jucy	4 x 200ml	300	1.99
Fortijuice	200ml	300	2.02

Prices correct as of 1/9/17